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**Newsflash**

Thursday, 16 March 2006



## 22nd Annual Army Spring Classic April 22-23, 2006



**Saturday: Collegiate TTT and Road Race  
Sunday: Collegiate & LAJORS  
Criterium and Hill ITT  
USCF Permit: Pending**

**General Information:**

**LAJORS Racers:**

- ▶ Criterium & Hill ITT will be held on Sunday, 23 April 2006. See below for details.
- ▶ Junior races are part of the Lance Armstrong Junior Olympics Race Series Events.
- ▶ Race age categories with separate Men & Women's places include ages 10-12, 13-14 & 15-16 & 17-18.
- ▶ LAJORS criterium races held concurrently.
- ▶ Medals to top 3 in each category for each race.
- ▶ LAJORS Hill ITT will follow the collegiate hill ITT
- ▶ There is no post-registration fees for LAJORS Racers!

**Collegiate Racers:**

- ▶ Collegiate racing open to all full-time college students in good standing with the ECCC and USA Cycling.
- ▶ Points awarded in accordance with ECCC regulations.
- ▶ Pre-registration must be received by 19 April. No post registration for time trial events.
- ▶ No race day post-registration for collegiate criterium racing.
- ▶ Riders presenting for late registration for any event will incur \$5.00 late registration fees per day.
- ▶ Team Time Trial start times will be posted on [Team Army's web site](#) by 5 PM 20 April.
- ▶ It is the responsibility of the rider to ensure that they arrive at the start time on time.
- ▶ Start/Finish and Staging for road race will be at the entrance to Lake Welch.

**All:**

- ▶ Held under USA Cycling Permit. USA Cycling surcharges apply.
- ▶ All support is Wheels in / Wheels Out
- ▶ Professional Results and Finish Camera by VELOCITY Results.
- ▶ All USCF rules apply. Promoter reserves right to cancel or combine events if there are insufficient entries.
- ▶ All start times are approximate and subject to change.
- ▶ Please allow extra time for security checks at gate entrances for all on-post competitions.
- ▶ All personnel must have a valid picture identification to gain access to the West Point campus.

**ARMY Spring Classic Collegiate Team Time Trials  
Saturday April 23rd  
Harriman State Park, NY**

Category	Distance	Start Time
Men Collegiate D Men Collegiate C Women Collegiate B Men Collegiate B Women Collegiate A Men Collegiate A	10 Miles	Start time 0830 Each race follows the next

**Starting times will be posted 5 PM 20th APRIL on our [web site](#) & mailed to the [ECCC mailing list](#).**  
See Army web site for further details

**Registration:** All teams must pre-register by 5 PM 19 APRIL for TTT. NO EXCEPTIONS! Race entry fee is \$20 per TTT team. Rider substitutions will be allowed but teams will be charged a fee of \$5.00 per change. See below for instructions on how to register.

**Race Day Team Check-in:** will be Saturday 7AM – 9AM at start/finish line of the RR. Start times will be emailed to members of the ECCC mailing list ([http://lists.topica.com/lists/eccc\\_info/read](http://lists.topica.com/lists/eccc_info/read)) by 5:00 pm on 20th APRIL and posted on our web site. It is your responsibility to ensure your team shows up to the starting line on time! No refunds will be given. Make checks out to Director Cadet Activities.

**ARMY Spring Classic Road  
Race  
Saturday April 22nd 2006  
Harriman State Park, Harriman NY**

Category	Distance	Start Time
Men Collegiate C	28 miles	11:00
Men Collegiate D	28 miles	11:05
Women Collegiate B	28 miles	11:10
Men Collegiate A	56 miles	To follow
Men Collegiate B	42 miles	completion of
Women Collegiate A	42 miles	above races

**Course:** 14-mile moderately hilly loop (42 x 21 or 23). Roads are open to cars, but traffic is light. Feed zone is a short walk from Start/Finish. No parking on the course. This course has seen numerous district and national championships and is considered one of the best all-around road courses in the country. It is a beautiful course for riders and spectators both. Road surfaces are clean and well paved. Caution, there is a very fast descent, followed by a full turn around two miles from the start. We recommend riding or driving the course early in order to familiarize yourself with the route. For details see on ECCC web site.

**Road Race Policies:**

Yellow Line Rule strictly enforces. Racers are not allowed to cross the yellow line (or center of the road if line is not visible). Disqualification will result for noncompliance. All racers will follow the race pace vehicle. A neutral support vehicle will follow each race. NO FREE LAP RULE. All start times are approximate and subject to change.

**Safety:**

Marshals & police will be positioned throughout the race course. The course is open to traffic & racers are advised to use caution at all times. An EMT will be on site. A pace & follow vehicle will be designated for each field. Each race will begin with a neutral start until making the hairpin turn at the bottom of the hill.

**Race Support:**

Wheels-in, Wheels-out race support will be available in the follow vehicle of each race. Racers must change their own wheels. Follow vehicles will follow lead riders. Riders may opt to bring a tube & pump. Feeding is only authorized in the designated feed zone. See map.

**Registration:** Opens at start/finish line for RR at 7AM and closes promptly at 9 AM on Saturday morning. **There is no post registration for time trial events.** Riders that post-register for the road race or criterium will be charged a \$5 late fee for post registration per day. See below for instructions on how to register. THERE IS NO RACE DAY REGISTRATION FOR THE COLLEGIATE CRITERIUM.

**ARMY Spring Classic Criterium Race  
Sunday April 23rd  
West Point, NY**

Category	Time	Start Time
Men Collegiate D Div 1	25 minutes +2 Laps	Start @ 6:50AM Each race follows the next
Men Collegiate D Div 2	25 minutes +2 Laps	
Men Collegiate C*	25 minutes +2 Laps	
Women Collegiate B*	25 minutes +2 Laps	
Men Collegiate B*	40 minutes +2 Laps	
Women Collegiate A	40 minutes +2 Laps	
Men Collegiate A	50 minutes +2 Laps	

<b>**LAJORS Mixed Women and Men 15 &amp; over</b>	<b>20 minutes +2 Laps</b>	
<b>**LAJORS Mixed Women &amp; Men 14 &amp; under</b>	<b>15 minutes +2 Laps</b>	

**\*\* Races held concurrently**  
**\*Races may be split for large fields.**

**Course:** The course will run counter clockwise around the field and track at Shea Stadium. It will be entirely closed to traffic. Each lap is approximately 1 kilometer with racing visible to spectators for most of the lap. There are many great spectator spots on this course, so bring your cow-bells.

**Registration:** THERE IS NO RACE DAY REGISTRATION FOR THE COLLEGIATE CRITERIUM. Collegiate riders may post-register for the criterium on 22 April at the road race registration table. LAJORS racers may register on race day. See below for instructions on how to register.

**ARMY Spring Classic Hill Climb ITT Race**  
**Sunday April 23rd**  
**West Point, NY**

Category	Distance	Start Time
Men Collegiate C Men Collegiate D Women Collegiate B Women Collegiate A Men Collegiate B Men Collegiate A LAJORS	2.5 miles	Start @ 1300 Each race follows the next

**Starting times will be posted 9pm 21th APRIL on our [web site](#) & at Road Race Start/Finish line**

**Course:** Riders experience the hills which cadets train on throughout the year. With over 650 ft of climbing in 2.5 miles with grades up to 10% make this a challenging event. Start at final turn of the crit course. See directions below.

**Registration:** All collegiate riders must pre-register by 5 pm on 19 April. LAJORS must register by 21 April 5 pm. Start times will be posted Saturday morning at the road race start/finish & on Army's Web Site by 9 pm 21 April. It is the rider's responsibility to show up to the starting line on time! No refunds will be given. Entry fee is \$7.00 per rider. See below for instructions on how to register.

**Race Registration:** Hill ITT and TTT are pre-registration only; THERE IS NO POST REGISTRATION for Hill ITT or TTT. Please make all checks out to Director Cadet Activities. All mailed pre-registration must be received by 19 April 5pm. Collegiate Teams may register using all options. All others must use option 2 or 3 to pre-register.

**Option 1:** Email completed spreadsheet of team members in format supplied (see Army's Web Site) to **Michael Campbell** at This email address is being protected from spam bots, you need Javascript enabled to view it . Team's pre-registering as a team must pay in full as a team by check or cash. Team representative must bring entire team's fees and copy of each rider's school ID and USAC license to race day registration. No refunds will be given. Make checks out to Director Cadet Activities.

**Option 2:** Mail a list organized by category and gender of each TTT rider's name, school, VELOCITY number, and USAC license number to:

Michael Campbell  
 PO Box 0722  
 West Point, NY 10997  
 (845) 515-2699

Bring cash or check to team check in on Saturday morning. No refunds will be given. Make checks out to Director Cadet Activities

**All Racers**

**Option 3:** Mail check and **Standard USA Cycling Release Form** to:

Michael Campbell  
 PO Box 0722  
 West Point, NY 10997  
 (845) 515-2699

NOTE: Must be received by 20 April 2006

**Option 4:** Register on line at [BikeReg.Com](http://www.bikerereg.com) (**Collegiate & LAJORS**) by 5 pm 19 April (see link on ECCC & Army web page)

**Option 5:** Post registration (\$5 late fee per rider per day for collegiate racers). No race day registration for the Hill ITT, TTT or criterium for collegiate racers. Road race & criterium registration for collegiate racers will be at TTT/RR course from 7:30 AM until 10:30 AM near the finish line at Harriman. Race Day registration for LAJORS Racers only will be near the start finish of the Criterium course from 10:30 AM until noon. Cash or Check only.

Payable to: Cadet Activities Fund

Cost: Collegiate \$13 per rider for RR & Crit  
       \$ 9 per rider for Hill ITT  
       \$20 per team (TTT)

LAJORS \$ 7 per rider each for crit & hill ITT.

\*Note collegiate entries received after Wednesday, April 19th will incur post entry fees.

\*Collegiate Race numbers and release forms will be handled by John Frey of VELOCITY Results. Check [www.eccc-info.com](http://www.eccc-info.com) for details.

LAJORS Racer numbers & release forms will be handled by Team Army Cycling members at race registration on 23 April.

For more information, email This email address is being protected from spam bots, you need Javascript enabled to view it or visit Army Cycling's web site at: <http://www.west-point.org/academy/armycycling/mambo/>

#### **Directions to Harriman State Park, NY**

The easiest way to get to the Road Race parking lot is Exit 16 from the Palisades Interstate Parkway, which extends from Bear Mountain Bridge near West Point south to New York City. It has been closed all winter, but is expected to open in time for the race. If not, we'll publish new directions to get you there. From the North (on Route 9W South): To get on Route 9W South, see the directions below for getting to West Point from any direction. Continue on Route 9W South past all of the West Point exits, through the town of Fort Montgomery, and exit right after crossing a bridge onto Route 6 / Palisades Parkway. It will be a two lane exit to the right just after getting over the cement bridge. If you missed this, then you came to a traffic circle! Not to worry, you can take the first right turn out of the circle to get on the Palisades as well. Once on the Palisades Parkway, continue to Exit 16, Lake Welch. DO NOT exit the Palisades before Exit 16, or you'll head East on Route 6! This would be bad. Exit 16 will take you directly to the parking lot for the road race. This is where you'll find the Saturday AM final registration.

From the South (Route 9W South): To get on Route 6 East, see the directions below for getting to West Point from the South. Once on Route 6 East, recall that you'll travel about 3 miles uphill until the two lanes merge into one. Shortly thereafter, instead of bearing right for Route 293 and West Point, continue on Route 6 East. After about 4 miles on Route 6 East (mostly downhill), you'll come to a traffic circle. Exit the traffic circle to the right onto the Palisades Parkway South. Once you are established on the Palisades Parkway heading south, continue to Exit 16, Lake Welch. Exit 16 will take you directly to the parking lot for the road race. This is where you'll find the Saturday AM final registration.

#### **Directions to West Point, NY**

From the North (on I-87 South), West (on I-84 East), or East (on I-84 West): From the North, exit off I-87 South to I-84 East towards CT. After only a few short miles, exit off I-84 to Route 9W at Newburgh, NY. From the West, exit off I-84 East to Route 9W at Newburgh, NY. From the East, after crossing the Newburgh-Beacon Bridge, exit off I-84 West to Route 9W at Newburgh, NY. ALL, follow Route 9W South through Newburgh and over Storm King Mountain. After coming down the south side of the mountain, you will be faced with 3 right side exits for West Point. The 1st exit appears immediately after you finish the steep descent over the mountain and is for West Point and Route 293 / Route 218 North. You must continue on and exit for Stoney Lonesome gate to get on post. Follow signs to bike race & Shea Stadium for Hill ITT & Criterium.

From the South (on I-287 / I-87 North): Exit off I-87 North (NY Thruway) to Route 6 East before the main stream toll booths. You'll pass through your own toll booths (50 cents) after exiting, so don't be alarmed that it appears as though you are bypassing the main toll booths on the highway. After the toll booth, get in the right lane to exit the freeway. At the traffic light, turn left and proceed on Highway 17 for two more lights. Make the next left onto Route 6 East. You'll see West Point signs along the way also. Once on Route 6 East, you'll travel about 3 miles uphill until the two lanes merge into one. Shortly thereafter, you'll bear left off of Route 6 East for Route 293 (look for the West Point sign - this is easy to miss). Proceed on Route 293 continuing past Camp Buckner (with a flashing yellow light) to 9W. Take 9 W South to the next exit & follow signs to Stoney Gate entrance. Follow signs to bike race & Shea Stadium for Hill ITT & Criterium.